



luminis
FRANK BEHNKE



TRAINER PROFILE



TRAINER PROFILE · CHRISTINA TEUTHORN-MOHR

IN BRIEF

Christina Teuthorn-Mohr is a journalist for Germany's ARD broadcasting network on the Canary Islands and a personal coach and media trainer. She helps people live their dream and communicate authentically.

An editor for three media, a journalist, and a political scientist, she has more than 20 years of media experience in Germany and abroad and is the recipient of several journalism awards. Over her many years serving as a radio, TV, and event host, Christina has conducted thousands of interviews. Her programs have reached millions of listeners and viewers, sparking their interest in complex topics at the confluence of politics, science, and the economy.

Since 2011, she has also been offering media and communication coaching for managers as seminars and one-on-one coaching sessions in Germany and Spain. Christina is a certified business coach, NLP coach, and psychotherapist. She understands conscious communication as the key to developing one's own potential. Her company Magma Coaching helps clients discover their inner fire and effectively deliver their message. She emphasizes work-life balance, the art of pursuing your passion without suffering burnout.

AVAILABILITY

Germany and worldwide · Event dates on request

LANGUAGES OFFERED

German, English, and Spanish

TARGET GROUPS

Top-tier managers, executives, and supervisory board members
Women in management





SEMINAR TOPICS AND FOCUS AREAS

Communication and presentation coaching

- Presenting complex content
- Dealing with stage-fright

Media training for TV, radio, print, and online

- Preparation for difficult interviews, panel discussions, press conferences

Conference and workshop moderation, large-group moderation

Story-telling

Creativity training on the Canary Islands

Personality development

- Developing your potential and managing stress
- Resilience
- Preventing burnout





SPECIAL SKILLS

- Languages:
German (native), Spanish and English (business-fluent), French (conversant), Portuguese and Greek (basic knowledge)
- Since 2014 – Personal coach and psychotherapist in private practice
- Since 2011 – Communication and media coach for managers
- Since 2000 – Moderator of business, policy, and scientific congresses, panel discussions, and workshops
- Since 1996 – Host of radio and television programs
- Since 1996 – Editor of radio productions
- Since 1994 – Journalist





EDUCATION	DUAL VOCATIONAL TRAINING/ UNIVERSITY STUDY	DEGREES / QUALIFICATIONS EARNED
University study	Political science	M.A. Political Science
University study	Communication science, Journalism, Economics	Diplom-Journalistin univ. (graduate in journalism)
Additional training	agroecology Deutsche Journalistenschule: Editorial training ARD ZDF Media Academy European Coaching Association: Business coach DVNLP: NLP-Trainer Munich Department of Public Health: Non-medical practitioner of psychotherapy	Agrarökologin (agricultural ecologist) Editor for online, print, radio, and TV Radio and TV host, stage presenter Business coach (ECA) NLP trainer (DVNLP) Psychotherapist





PROFESSIONAL EXPERIENCE

Since 2016	ARD correspondent for the Canary Islands Official accreditation in Spain
Since 2016	Owner of Magma Coaching, Spain
Since 2016	Owner of a 2.6-hectare organic farm in Spain
2014 - 2016	Psychotherapist in private practice and coach in Germany
Since 2011	Communication and media coach
Since 2003	Bayerischer Rundfunk: Regular freelance writer, editor, and host.
Since 2009	on the editorial staff for policy and background, six years as editor-in-chief of the Bayern2 foreign report "Breitengrad"
2003 - 2005	Expert for the Federal Research Ministry's "Future" process Consultant for health and ecology
2001 - 2006	Founder and Managing Director of the internet agency meteme.de, Munich
Since 2000	Event host for high-profile economic, scientific, and policy events (in German and English)
2000	Five-month stay in Paris, France: stipendium from DFJW and Alliance Française
1998 - 2006	Freelance consultant for LMU Munich's policy think-tank, Centrum für angewandte Politikforschung München (CAP, Issues of the future: "How we want to live tomorrow")
1996 - 1997	Semester abroad in Spain and Central America Internship in ARD studio Madrid, ZDF studio Mexico, and development aid internship in Cuba
1996	Internship in the correspondent office, Bonn, Badische Zeitung
1994	Internship with Süddeutsche Zeitung
Since 1994	Journalist and host since 1996 for Bayerische Rundfunk and ARD



REFERENCES

ARD

Bayerischer Rundfunk

Bayerisches Wirtschaftsministerium

Bundesministerium für Forschung und Entwicklung BMBF, Berlin

Bundeswehrhochschule, München

Centrum für angewandte Politikforschung CAP

destination touristic services DTS (DER Touristik Group), Spain

Deutschlandfunk

European Association of Urology EAU

Helmholtz Gemeinschaft

Helmholtz Zentrum München

Hessischer Rundfunk

Heyne Verlag

Hoffnungszeichen – Sign of Hope e.V.

Intercruises Shoreside & Port Services, Spain

Norddeutscher Rundfunk

Siemens AG

Siemens Healthcare GmbH

Techniker Krankenkasse

Verband der Ersatzkassen VDEK

WebsEdge Ltd., London

Weimarer Visionen e.V.

Personal Coaching: Unternehmer und Führungskräfte